MEDICAL MICRONEEDLING TREATMENT PROTOCOL

amiea med

HAIR LOSS / ANDROGENETIC ALOPECIA / SCALP REJUVENATION

TARGET

Male/female pattern hair loss affecting the thinning crown, temples and frontal area.

TREATMENT PARAMETERS

RECOMMENDED NEEDLE DEPTH

1.0 - 1.5 mm

Most evidence-based range for the scalp. A depth of 1.9 mm is possible but rarely needed and increases the risk of excessive inflammation or fibrosis. Stay at or below 1.5 mm on the scalp.

NUMBER OF SESSIONS

6 - 12

Initial intensive course; maintenance every 4 - 8 weeks.

FREQUENCY

1 - 2 WEEKS

MAX 1.5 MM A depth of 1.9 mm is rarely needed on the scalp; deeper treatment raises inflammation and fibrosis risk.

CLINICAL GUIDANCE

TECHNIQUE TIPS

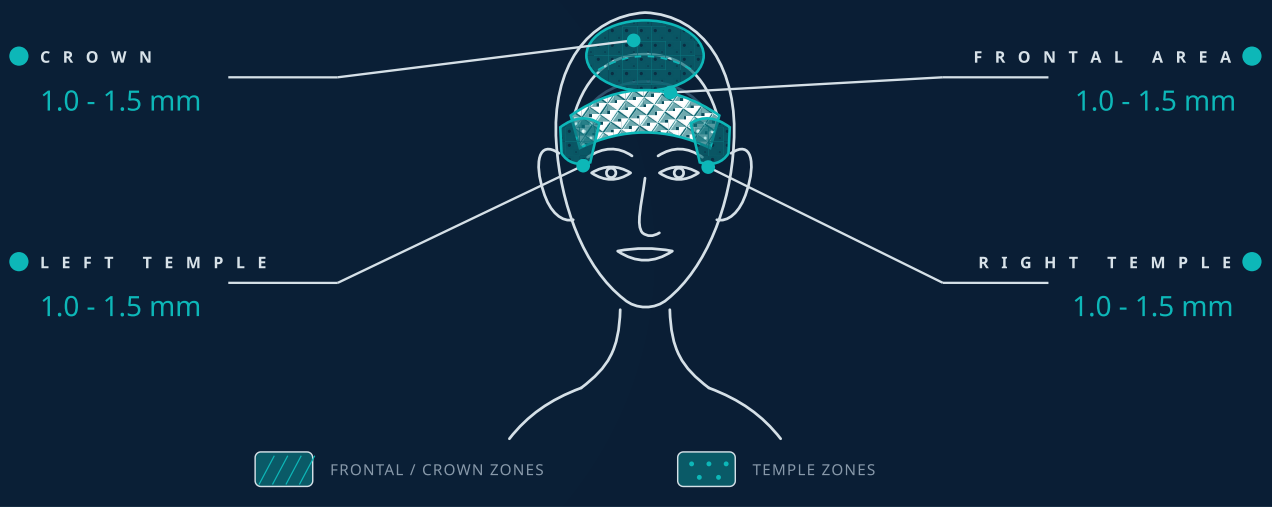
Keep scalp depth at or below 1.5 mm. Shallower depths tolerate more frequent treatment.

ENHANCEMENTS

Apply 5% minoxidil daily, starting 24 h after treatment. Add PRP or growth-factor serum every 2 - 4 sessions.

EXPECTED RESULTS

Increased hair count and thickness may be visible after 8 - 12 weeks, with continued improvement for up to 6 months.

TREATMENT DEPTH MAP

Indicative scalp zoning